

# Newsletter



## Highlights

### Pharmacy First - Minor Illness Focus

As part of our ongoing commitment to strengthen primary care through the Pharmacy First scheme, we're thrilled to have welcomed over 40 Community Pharmacists into the programme — enhancing access, supporting practices, and improving patient experience across SWL.

The Minor Illness session takes place on Thursday the 4th December 2025 between 18:45 and 21:00 at the Grange, Wallington. At which time we will be welcoming back Dr Luke Yahanpath the SWL Faculty Clinical Lead to lead another engaging session.

We have limited space left for this in person event, if you are a Community Pharmacist and wish to attend please [click here](#) to book your place.

## Featured Event

### Introduction to Primary Care - Learning Sessions

Are you new to Primary Care ?

Don't miss out on the penultimate installment of the Primary Care - Learning Sessions designed for anyone who is new to primary care, currently working with primary care, or seeking a better understanding of how primary care works.

You will hear from Practice Managers, Community Pharmacists, Social Prescribing Link Workers, Nurses, Care Coordinators, Freedom to Speak Up Guardians and other key primary care roles

[Click here to book your place](#)

## Catheter passport

WHAT IS THE ONE CATHETER PASSPORT FOR LONDON?

One Catheter Passport for London is a practical and pragmatic document that gives contact details for the relevant healthcare teams and who to contact in an emergency and out-of-hours.  
for more information and to download a hard copy please [click here](#)

[email us](#)

[website](#)

[linkedin](#)

SWL Radiology Happy Hour

Date - 10th December 2025  
Time 12:30-13:30

Join us to hear from 3 Consultant Radiologists highlighting how to establish direct points of contact within the Radiology department, making it easier to discuss complex cases, get advice, or make urgent requests and so much more.

[book here](#)

Neurovascular Risk Factors in Head and Neck Pain

Date - 2nd December 2025  
Time 09:30-13:00

This in person event will review best practice frameworks for the identification of risk factors for serious neurovascular events for people with head and neck pain. The session will focus on evidence-based clinical reasoning, and the best use of manual therapy in this population.

[book here](#)

Perinatal Pelvic Health

Date: 15th January 2026  
Time: 12:30-13:30

This third installment of this webinar series and will be on the subject of Management of Wound Breakdown and Obstetric Anal Sphincter injuries. Covering management of wound breakdown, obstetric anal sphincter injuries and postnatal advice.

[book here](#)

Diabetes Update

Date: 13th January 2026  
Time 09:00 - 12:00

This Diabetes Update covering lifestyle & dietary interventions in T2DM, Reversal and remission of T2D, Semaglutide & tirzepatide update (we know this was covered this last year but so much has changed already!) and so much more.

[book here](#)